

Quick-Reference Guide

Visit the Teamsters Local 14 benefits website at teamsters14benefits.com.

Benefit	Website	Phone Number
Family Wellness Centers	clients.marathon.health/teamsters14	702-553-3635 Henderson: Press 1 Northwest Las Vegas: Press 2
PPO Plan		
Anthem	anthem.com	702-851-8286
Behavioral Health	harmonyhc.com/eap/accounts/teamsters-14	702-251-8000 800-363-4874
Coalition Hospitals	lhsc.org/coalition	702-474-4418
Elixir Pharmacy Benefits	elixirsolutions.com	800-361-4542
Telemedicine	livehealthonline.com	888-548-3432
HMO Plan		
Health Plan of Nevada	healthplanofnevada.com	702-242-7300 800-777-1840
Telemedicine	nowclinic.com	877-550-1515 Behavioral Health: 800-873-2246
Dental Plans		
Dental PPO Plan	deltadentalins.com	702-851-8286
Dental DHMO-EPO Plan (Benefit Plan NW-400)	libertydentalplan.com	888-401-1128
Vision Plan		
VSP	vsp.com	800-877-7195
Life and Accident Insurance Plans		
Zenith American Solutions	edge.zenith-american.com	702-851-8286



P.O. Box 27287
Las Vegas, NV 89126-1287



Questions About Your Benefits?

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TEAMSTERS SECURITY FUND FOR SOUTHERN NEVADA – LOCAL 14 BENEFITS BASICS: FALL 2024

FLU SEASON IS HERE. PROTECT YOURSELF TODAY!

Flu season has already arrived, and your immune system is more vulnerable than ever. This fall, take proactive steps to stay healthy by visiting one of the Teamsters Local 14 Family Wellness Centers for free preventive care and flu shots.

Getting vaccinated is the best way to protect yourself and your loved ones, so don't wait—stop by one of our locations soon!

Appointments are required before visiting the Family Wellness Center, but same-day appointments are often available. To schedule your flu shot, call 702-553-3635 and select your preferred location:

➔ For the Henderson Family Wellness Center: Press 1

➔ For the Northwest Las Vegas Family Wellness Center: Press 2

KNOW BEFORE YOU GO



You have a lot of options to choose from when it comes to receiving medical care. So many, in fact, that it may be confusing which service works best for your health concern at the time. Whether it be needing urgent medical attention or receiving routine care, knowing where to go can save you time, money, and peace of mind in the long run.

IF YOU ARE EXPERIENCING A LIFE-THREATENING EMERGENCY, please visit your nearest emergency room or call 911. To find an in-network hospital, PPO members can visit lvhsc.org/coalition and HMO members can visit healthplanofnevada.com.

Primary and Wellness Care

If you need preventive or non-life-threatening medical care, you can always visit one of our local Family Wellness Centers for high-quality and convenient services by board-certified physicians at no cost to you. **Note:** Appointments are required before visiting one of the centers. Visit teamsters14benefits.com to learn more.

PPO and HMO members have access to primary medical care:

- **PPO members:** Your medical plan is administered through the Anthem Blue Cross Blue Shield network. To find an in-network physician, visit anthem.com and select **Find Care**, then enter the prefix “JTF” in the **Use Member ID for Basic Search** bar to continue.
- **HMO members:** Your medical plan is administered through Health Plan of Nevada. Visit healthplanofnevada.com and select **Find a Doctor** to search the online provider directory.

Members and your families also have access to mental health and substance abuse treatment along with confidential counseling through Harmony Healthcare, our employee assistance program (EAP) provider. To receive authorization for treatment or to schedule a counseling session, call Harmony Healthcare at 800-363-4874 or 702-251-8000, available 24/7.

Telemedicine

For confidential virtual care from the comfort of your own home for minor medical issues such as cold and flu, allergies, and more, here are some options to connect with a doctor via your computer or smartphone:

- **PPO members:** Your telemedicine benefit is administered through LiveHealth Online. Visit livehealthonline.com or download the mobile app from the **App Store** or **Google Play**. Spanish-speaking providers are available through Cuidado Médico.
- **HMO members:** Your telemedicine benefit is administered through NowClinic. Visit nowclinic.com, call 877-550-1515, or download the mobile app from the App Store or Google Play.

Urgent Care

If you need care for non-life-threatening but urgent medical needs and your primary care physician (PCP) isn't available, here are some options for PPO and HMO members:

- **PPO members:** Visit anthem.com and select **Find Care**. Enter the prefix “JTF” in the **Use Member ID for Basic Search** bar, then select **Urgent Care** under the **More Options** section after entering your zip code. You can also receive on-demand urgent care and on-location services from board-certified physicians through Dispatch Health or Doctoroo. To learn more, visit dispatchhealth.com or call 702-848-4443, or visit doctoroo.com or call 888-888-9930.
- **HMO members:** To find an urgent care facility near you, visit healthplanofnevada.com and select **Care Options**. You can also receive on-demand urgent care by calling the nurse advice line at 800-288-2264, available 24/7.

Looking for more information?

Visit teamsters14benefits.com (Benefits > Where to Go for Medical Care) and take our [Where to Go for Care Quiz](#) to see which option is best for your situation.