| Quick-Reference Guide<br>Visit the Teamsters Local 14 be<br>website at teamsters14benefit | -Reference Guide<br>Teamsters Local 14 benefits<br>at teamsters14benefits.com. |                                                                                                    |
|-------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| Benefit                                                                                   | Website                                                                        | Phone Number                                                                                       |
| Family<br>Wellness<br>Centers                                                             | eversidehealth.com/<br>teamsters14                                             | Henderson:<br>702-728-5806<br>Northwest Las Vegas:<br>702-844-8143<br>After hours:<br>877-239-9372 |
| PPO Plan                                                                                  |                                                                                |                                                                                                    |
| Anthem                                                                                    | anthem.com                                                                     | 702-851-8286                                                                                       |
| Behavioral Health                                                                         | harmonyhc.com/eap/<br>accounts/teamsters-14                                    | 702-251-8000<br>800-363-4874                                                                       |
| <b>Coalition Hospitals</b>                                                                | lvhsc.org/coalition                                                            | 702-474-4418                                                                                       |
| Elixir Pharmacy<br>Benefits                                                               | elixirsolutions.com                                                            | 800-361-4542                                                                                       |
| Telemedicine                                                                              | livehealthonline.com                                                           | 888-548-3432                                                                                       |
| HMO Plan                                                                                  |                                                                                |                                                                                                    |
| Health Plan<br>of Nevada                                                                  | healthplanofnevada.com                                                         | 702-242-7300<br>800-777-1840                                                                       |
| Telemedicine                                                                              | nowclinic.com                                                                  | 877-550-1515<br>Behavioral Health:<br>800-873-2246                                                 |
| Dental Plans                                                                              |                                                                                |                                                                                                    |
| Dental PPO Plan                                                                           | deltadentalins.com                                                             | 702-851-8286                                                                                       |
| Dental DHMO-EPO<br>Plan (Benefit Plan<br>NV-400)                                          | libertydentalplan.com                                                          | 888-401-1128                                                                                       |
| Vision Plan                                                                               |                                                                                |                                                                                                    |
| VSP                                                                                       | vsp.com                                                                        | 800-877-7195                                                                                       |
| Life and Accident                                                                         | and Accident Insurance Plans                                                   |                                                                                                    |
| Zenith American<br>Solutions                                                              | teamsters14healthfund.com                                                      | 702-851-8286                                                                                       |
|                                                                                           |                                                                                |                                                                                                    |



**Questions About Your Benefits?** Visit the Teamsters Local 14 benefits website at **teamsters14benefits.com**.

## TEAMSTERS SECURITY FUND FOR SOUTHERN NEVADA – LOCAL 14 BENEFITS BASICS: SPRING 2024

Your Wellness Center Awaits

**Calling all members!** 

The Teamsters Local 14 Family Wellness Centers are available whenever you need high-quality medical and preventive care. Accessible to all Teamsters members and your covered dependents, our two centers—located in Henderson and Northwest Las Vegas offer the same services as a primary care physician (PCP), including access to certain generic medications and lab work with no out-ofpocket cost.

We encourage you to make one of the centers your permanent PCP!

To take advantage of our cost-efficient centers, you must first schedule an appointment, and good news—same-day appointments are generally available.

To begin receiving confidential care, visit eversidehealth.com/ teamsters14 or contact your local center:

Henderson: Call 702-728-5806 to set up an appointment.
Northwest Las Vegas: Call 702-844-8143 to set up an appointment.



Receiving care has never been this easy. Both PPO and HMO plan members have a 24/7 telemedicine option for when you need health care but can't make it to your primary care physician.

Your telemedicine option connects you with a doctor virtually for non-emergency medical issues, including:

- Cold or flu
- **7** Fever
- Infection
- Allergies
  - ergies

- 켜 Rash
- Bladder infection
- Bronchitis
- **7** Pinkeye
- And more

## **IMPORTANT!** IF YOU ARE EXPERIENCING A LIFE-THREATENING MEDICAL ISSUE, PLEASE CALL 911 OR GO TO THE CLOSEST EMERGENCY ROOM.

## **PPO Plan Members**

If you are enrolled in the PPO medical plan, your telemedicine benefit is offered through LiveHealth Online. The virtual platform connects you with a U.S.-based, board-certified doctor who is specially trained for online visits.

Once you connect via secure video chat and explain your medical concern, your doctor will review your medical history and evaluate your symptoms before recommending a treatment plan. If needed, they can submit a prescription to your local in-network pharmacy or the mailorder service—whichever works best for you!

You pay a \$10 copay for a telemedicine visit. To take advantage of LiveHealth Online, visit **livehealthonline.com** or download the mobile app. Spanish-speaking providers are available through Cuidado Médico.

## **HMO Plan Members**

If you are enrolled in the HMO medical plan, your telemedicine benefit is offered through NowClinic. Talk with a doctor via secure video chat on your computer or mobile device.

Same-day medication delivery, provided through Walgreens, is available to members in Las Vegas, North Las Vegas, and Henderson. **Note:** You may be responsible for any applicable prescription drug copay.

You pay a \$0 copay for a telemedicine visit. No appointment is needed for non-urgent medical conditions. Appointments are required to meet with a health educator, dietitian or behavioral health therapist. To get started:

- Non-urgent medical conditions: Visit nowclinic.com, call 877-550-1515, or download the mobile app.
- Health educator or registered dietitian: Call 800-720-7253 (TTY: 711).
- Behavioral health: Call 800-873-2246 (TTY: 711); press zero at the prompt.

Visit healthplanofnevada.com to learn more.